

Sandra Wentland

Tax Residence: NRW, Germany

Actress

Redcap Agency 0049 152 33685497



Online & Showreel:

www.sandrawentland.com

www.spotlight.com/interactive/cv/2057-7865-8381

Appearance:

Playing Age: 24 -35

Hair: light brown, long

Eye Colour: blue

Speciality: Freckles

Height: 1,80m / 5ft 11''

Clothing Size:38/40(UK12)

Build: normal

Shoe size (UK): 9,5

Voice: Soprano

Film & TV

<i>Year</i>	<i>Production</i>	<i>Role</i>	<i>Director</i>
2019	ALL THE WAY** (Action- Shortfilm)	Amber	Patrick Etter
2018	FREUNDINNEN- J.E.R. (TV/ RTL)	Rosi Richter	Christopher Bust
2018	CROSSROADS (Graduationfilm)	Helen Berger	Hannes Müller
2014	HERZSCHMERZ (Impro- Shortfilm)	Judith	Wladimir Matuchin
2014	TALER- TALER* (Shortfilm)	Receptionist	Different
2014	WEG DER BESTIMMUNG (Fantasy- Short)	Elarinya	C. Aurand
2013	PROGNOSIS NEGATIVE (Shortfilm)	Marie	A.-C. Narloch
2013	FERNWEH (Shortfilm)	Lisa	Sandra Wentland
2012	RUF DER VERGANGENHEIT (Fantasy- Sh.)	Elf	Sandra Wentland

** Nominee 60second International Filmfestival, category "Best 60sec action short"

* **Winner** „Goldener Monaco 2014- Audience Award“

Theatre

<i>Year</i>	<i>Production</i>	<i>Role</i>	<i>Director</i>	<i>Place</i>
2021	NEUE MÄNNER BRAUCHT... (9. Rößrather Kabarett- Festival)	Various	M. Tamm	Schloss Eulenbroich
2017	KRIEG (Final Piece Drama School)	Claire, Emma, Clarice	S. Gebelhoff	La Pista, Cologne
2017	CLASSICAL EVENING (Uncle Wanja)	Jelena	S. Reinert	FAS, Cologne
2016	SENSE (A. Hilling)	Albert	S. Reinert	FAS, Cologne
2016	WIR SIND AUF DIESER ERDE... (Poetry Piece)	Ensemble	C. Capitain	Autostadt Wolfsburg
2015	ANDY WARHOL	Ensemble	S. Reinert	FAS, Cologne

Commercial/ Video

<i>Year</i>	<i>Production</i>	<i>Role</i>	<i>Director</i>
2020	MEMRISE SNACKABLE (Educat.)	Various	D. Eccles
2018	WESTERMANN (Educational Video)	Training Officer	P. Mann

Skills

<i>Languages</i>	German (Native), English (fluent), Spanish/ French (basics)
<i>Music</i>	Guitar
<i>Sports active</i>	Horse Riding, Fitness Training, Jogging, Yoga, Kickboxing
<i>Further Sports</i>	Dancing (Ballroom, Modern, Courtly, Charleston), Swimming, Sword Fighting, Archery
<i>More</i>	Driver's License BE, Horse Training, Stage- / Filmfight

Training

<i>Year</i>	<i>Details</i>	<i>Trainer</i>	<i>Place</i>
2021	RADA London- Short Courses - Archetypes & Character - The Active Voice - Spoken English for Actors	Peta Lily Salvatore Sorce M. Chadwick et al	Online, UK
2021	Chubbuck Studio Berlin- Weekend Course	Angelina Berger	Online, GER
2021	Weiterbildung für Schauspieler (Chubbuck Technique)	Alex Resch & Cosma Dujat	Hamburg, GER
Seit 6-21	Vocal Coaching	Celia V. Redondo	Düsseldorf, GER
2020-21	Stage Combat- Supportive Skills (Longsword, Double Stick)	Independent Drama London	Online, UK
2019	Horse Combat Skills for Actors	Knights of Middle England	Warwick, UK
2019	Private Acting Coaching	Johanna Paliatsou	Cologne, GER
2019	BADC Standard Intensive (Stage Combat- Smallsword, Rapier & Dagger)	Kiel O'Shea	London, UK
2018	BASSC Martial Arts Unarmed (Stage Combat Unarmed)	Ronin Traynor	London, UK
2018	5-Days- Screen- Acting	Mel Churcher	London, UK
2015-17	* <u>Drama School</u> *	Film Acting School Cologne	Cologne, GER
2015	1- Day- Acting- Course	Kirk Baltz	Cologne, GER
2012-15	Private Drama Lessons	Wladimir Matuchin	Düsseldorf, GER
2011	1- Week- Acting- Course	Nadja Sinzig	Mönchengladbach

More

01-06/2022 Correspondence Course, SGD, **Online- Editor/- Writer**
Since 2020 Drama Teacher for Children, TASK Düsseldorf
2019- 2020 Promotional Work
2012- 2015 University of Siegen, **Bachelor of Arts: Media Science**
2011- 2012 English & German Studies, HHU Düsseldorf
Since 2011 **Riding Instructor & Horse Trainer**
2010- 2011 **Work & Travel New Zealand**
2001- 2010 Bischöfliche Marienschule Mönchengladbach, Abitur

